

# Tips for last week preparation for ESE

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The effective preparation and mental attitude of the student in the last week before the final exam will play a key role in the success of the candidate in any examination in general and ESE in particular. In this regard, some of the useful tips are given below to help the students to mould their last week preparation in a proper way.

## **1. Avoid studying new topics:**

It is not advisable to start studying new topics in the last week of time. It may require some additional time which may not be possible. More over, you may not be able to grasp it 100% and it may result in some pressure on you. Therefore, utilize this time for effective revision instead of going to new topics.

## **2. Strengthen the key concepts and formulae of each subject:**

Recall and revise all the formulae and main concepts which you have already studied so far and consolidate it. If you have prepared any short notes/micro notes containing all the important formulae and key concepts of each subject, it may be referred to. It is also useful if you can write a couple of times the formulae on a rough paper for effective revision.

### **3. Finalize your strategy to be followed in the exam:**

If you have already tried the previous years question papers or taken the full length mock test papers, you would have come to know about the importance of time in exam. In ESE, answering all the questions within the scheduled time is difficult unless you are very good in subject and had a thorough practice of the similar kind of question papers earlier. If you have not done it so far, don't worry. At least now solve one or two sets of previous years papers/full length mock papers to learn about the time management in the exam. Accordingly you need to evolve a strategy to be followed in the exam to answer as many questions as possible and maximize your marks.

### **4. Strategy in the exam:**

Your examination strategy should include the following.

- **Objective papers:**
  - Solve the easy and well known questions, in the first round.
  - If you don't know any question or if any question is time consuming, leave it in the first round and mark it suitably so that you can come back later to it.
  - If you find time after first round then attempt the left over questions in the second round. Like that, you can follow.
  
- **Conventional papers:**
  - Selection of questions is important in these papers.
  - Answer the questions which are more comfortable and familiar for you, in the beginning.

- Then you move on to the other questions.
- Allot time appropriately for theory questions depending upon the marks indicated against those questions.
- Monitor time regularly.

#### **5. Have a positive mental attitude:**

You need to have a burning desire and optimism which give you the required energy and enthusiasm to prepare rigorously and do well in the exam. Never get discouraged seeing your marks in the mock exams or the left over syllabus to be revised. Though you prepared well, you may feel that some thing is still left over. There is no end for it. Try to put your best efforts and work hard in a smart manner till the last minute within the resources available. Never lose hope. Be optimistic.

Don't allow any distraction come in your way in the crucial stage of preparation. Be focused on the preparation only. Try to be away from the social networks etc. to save time.

Try to maintain good health. Light exercise/walking will keep you fit physically. Listen to light music or do meditation after long hours of preparation to have stress relief.

Try to utilize the entire day for your preparation and avoid late night studies. Eat properly and avoid oily food. Don't neglect your sleep.

#### **6. Plan of schedule:**

Keeping in view all the above points, prepare a plan of schedule on how to spend and how to prepare in the last week. Try to implement sincerely the schedule.

**All The Best**